



DO SOMETHING  
SPECIAL FOR YOUR  
PARENTS

READ A BOOK ABOUT  
RAMADAN WITH  
PARENTS/SIBLINGS/  
FRIENDS

TAKE OUT THE TRASH  
AND HELP TIDY THE  
KITCHEN

SAY YOUR PRAYERS  
ON TIME AND DON'T  
RUSH THEM




GIVE A GIFT TO A  
FAMILY MEMBER (CAN  
BE HOMEMADE)

SAY SOMETHING NICE  
TO ALL YOUR FAMILY  
AND FRIENDS YOU  
SEE

VISIT SOMEONE WHO  
ISN'T WELL

FORGIVE A FRIEND  
YOU MIGHT HAVE  
FALLEN OUT WITH



SMILE AT SOMEONE  
IN THE STREET YOU  
MAY NOT USUALLY  
SPEAK TO AND SAY  
HELLO/SALAAM

HELP YOUR PARENTS  
WITH THE DISHES  
AFTER IFTAARI

MAKE DUA FOR  
SOMEONE WHO IS  
NOT WELL

HELP WATER THE  
PLANTS BOTH INSIDE  
AND IN THE GARDEN



LEARN A NEW HADITH  
AND REFLECT ON IT

CALL SOMEONE YOU  
HAVEN'T SPOKEN TO  
FOR A WHILE

SAY THANK YOU TO  
ALLAH FOR  
SOMETHING THAT  
HAS HAPPENED  
TODAY

HELP KEEP YOUR  
STREET CLEAN BY  
PICKING UP ANY  
RUBBISH





READ EXTRA QURAN

VOLUNTEER AT A LOCAL FOOD BANK FOR THE DAY...OR ANY CHARITY

GO A DAY WITHOUT COMPLAINING OR ARGUING WITH SIBLINGS/FRIENDS

FEED THE BIRDS IN THE GARDEN OR GO TO THE RIVER AND FEED THE SWANS/DUCKS



SPEND SOME TIME WITH AN ELDERLY FAMILY MEMBER/FRIEND/ NEIGHBOUR

GIVE SOME FOOD TO A HOMELESS PERSON

TIDY UP YOUR ROOM AND DONATE ITEMS TO CHARITY

LISTEN TO ONE OF YOUR SIBLINGS/FRIENDS READ OR HELP WITH THEIR HOMEWORK



MAKE SOME FOOD (IE BISCUITS) AND GIVE TO THE NEIGHBOURS

DONATE MONEY TO CHARITY

DO SOME EXTRA CHORES AROUND THE HOUSE TO HELP YOUR FAMILY

LEARN A NEW DUA



HELP PREPARE IFTAR WITH YOUR PARENTS

LEARN A NEW SURAH

